

Who is CAHSGA?

The CAH Support Group began in April 1985 in Melbourne.

This group paved the way for other CAH support networks to develop worldwide. Professor Garry Warne from the Royal Children's Hospital, Melbourne, played an important role in this group from the outset. His book, 'Your child with Congenital Adrenal Hyperplasia' has been a valuable resource for parents and families.

The CAH Support Group Australia was incorporated in 2001 with the aim of serving adults and children affected by CAH and their families; to be a nationally recognised body. We are run entirely by volunteers and rely on memberships and donations

Disclaimer

Any communication from the CAH Support Group Australia Inc., is intended for informational and educational purposes only and in no way should be taken to be the provision or practice of medical, nursing or professional health-care advice or services. The information should not be considered complete or exhaustive and should not be used in place of the visit, call, consultation or advice of your physician or other health-care provider. You should not use the information in this or any CAH Support Group Australia Inc. communication to diagnose or treat CAH or any other disorder without first consulting with your physician or healthcare provider. Any referral to physicians is provided as a courtesy only. CAH Support Group Australia Inc. does not specifically endorse or recommend these physicians.

Contact Details

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All donations over \$2.00 are tax deductible

Congenital Adrenal Hyperplasia

Support Group Australia Inc.



Family Conference Day

2012

Sunday 9th September

Lecture Theatre, level one, high street entrance.

Sydney Children's Hospital,
Randwick



Conference Details

The Congenital Adrenal Hyperplasia Support Group Australia Inc. is holding a Family Conference Day for families and those affected by CAH.

The purpose of the conference is to provide education and improve understanding of CAH in an informal environment. Our aim is to present you with helpful education and a question & answer time at the end of each session.

We are again including focus groups where you can hear from other people about the practical aspects of CAH. Often meeting other people can be as much of a highlight as the education. A practical hands-on injection session will also be held.

We also provide a good range of products and publications specifically focused on CAH.

This year the symposium will be held on **Sunday September 9, 2012** at:

Sydney Children's Hospital

If you would like more information, please contact the Conference organiser:

Michelle Hoare president@cah.org.au

Program (subject to change)

CAHSGA Family Conference Day – Sunday September 9, 2012

8.30 - 9.00	Registration - Tea/Coffee
9.00 - 9.15	Welcome and Introduction from CAHSGA Michelle Hoare, President
9.15 - 10.45	CAH in Childhood What is CAH? Dr Charles Verge What's new in Research? Dr Czarina Mendoza-Cruz
10.45 – 11.15	Morning Tea
11.15 – 11.45	CAH in Adolescence Prof Kate Steinbeck
11.45-12.15	CAH from an Adult patient perspective Anna Bryant
12.15 – 1.00	Lunch
1.00- 1.30	CAH from a Parent's perspective Andy and Michelle Hoare
1.30 – 2.00	Hands on Injection Session Irene Mitchelhill
2.00 – 3.00	Focus Groups Parents/Carers of Girls Parents/Carers of Boys Teens/Adults with CAH
3.00- 3.15	Summary and Close

About CAHSGA Conferences

In 1978 the first family conference day was held in Melbourne to help parents gain information on CAH. This event was critical in a time when literature and education was scarce.

As these events developed over the years we realised there was a need to provide this type of education nationally. In 2002 we took these Symposiums around Australia and have held this event through Sydney, Brisbane, Perth, Melbourne & Adelaide. The conferences have been a much-needed resource for families and adults around Australia.

Conferences are a huge undertaking for volunteer organisations and due to circumstances beyond our control we have not held one for a few years. CAHSGA is hoping to hold conferences every few years.

Conferences provide a valuable opportunity to hear presentations from CAH specialists and participate in the question time at the end of each session. Questions asked are shared by everyone attending.

These conferences have created a connection within the CAH community across the country. Gaining education and understanding is such a powerful tool in raising our children with CAH and helping adults manage their condition. Conferences are a fantastic opportunity for specialists to understand families' needs and build relationships to improve treatment and research of CAH.

Registration Details

Names _____

Postal Address _____

Home No. _____

Mobile No. _____

Email _____

Special Requirements _____

Cost

\$10 per adult (includes morning tea & lunch)

Number of people attending _____

Total Costs \$ _____

Payment by Cheque **OR**

Payment by Direct Deposit

CAH Support Group Australia Inc.

BSB 063 852

Account Number 10127624

Bank Commonwealth Bank

Reference Surname & first initial

If paying by direct deposit, please send a follow-up email to the treasurer advising of payment details: treasurer@cah.org.au

Post registrations and cheques to:

CAHSGA Inc

P O Box 100

Mitcham Vic 3132

Registrations due by 20 August 2012